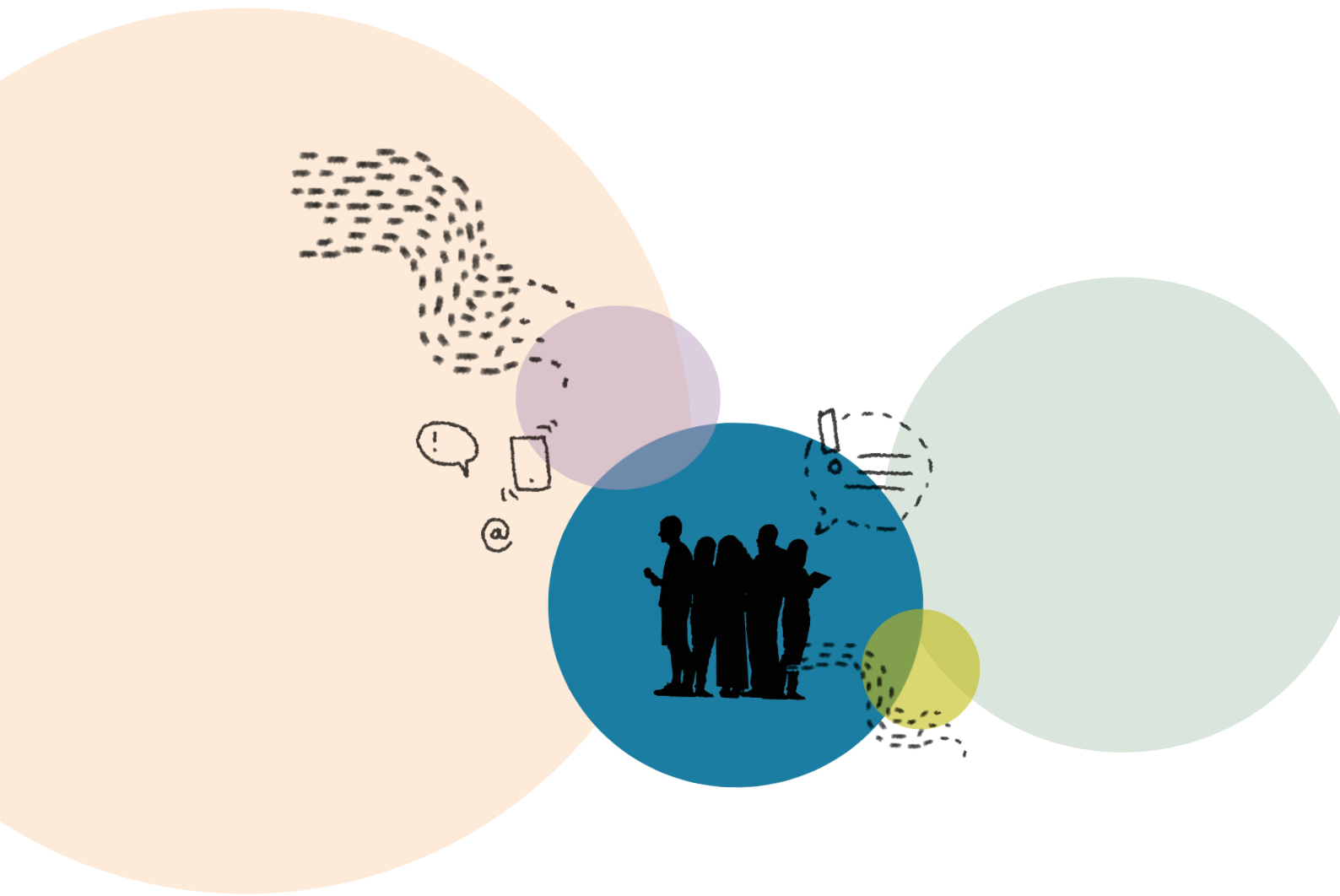


WELCOME TO IOGT-NTO



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IOGT-NTO is part of a global temperance movement. In Sweden, we are politically and religiously unaffiliated. We have almost 27,000 members, in 8 districts and 400 local branches all over the country.

GOALS

Alcohol is one of our biggest social problems. It stands in the way of people's freedom, personal development and health. Our goal is that no one should be harmed by alcohol or other drugs, neither in Sweden nor anywhere else in the world, and that people should be able to live a free and fulfilling life, and realize their dreams.

To achieve our goal, we work to influence alcohol policy, we challenge the norms associated with alcohol, which are very pronounced in Sweden, and we support people who want to be free of their addiction or who have been adversely affected by someone else's drinking.

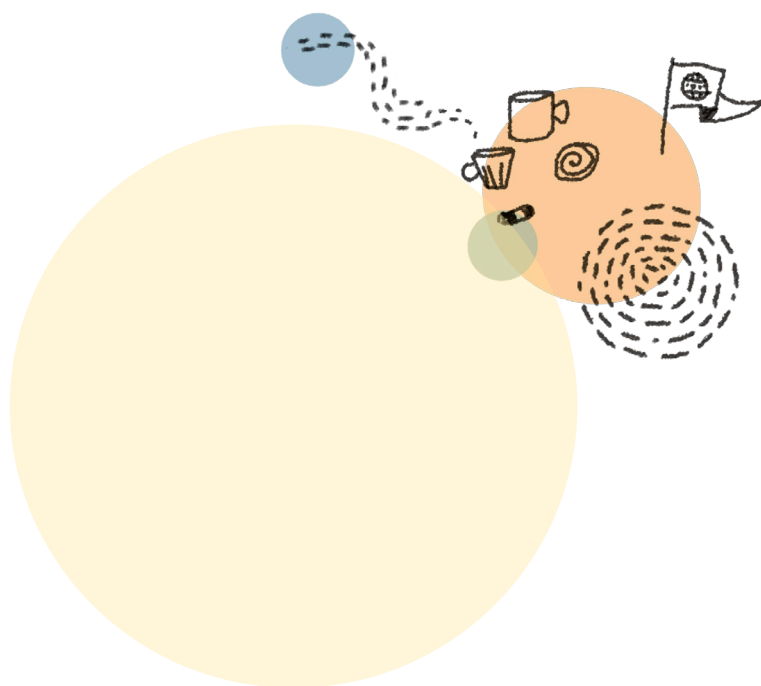
A DEMOCRATIC MASS MOVEMENT

IOGT-NTO is governed by the organisation's members. A member is a person who, through their signature, accepts our membership pledge, and pays their membership fee.

IOGT-NTO MEMBERSHIP PLEDGE

As a member of IOGT-NTO, I pledge to work for a better society based on the tenets of the IOGT-NTO movement. I promise to live soberly, that is, not to consume alcoholic beverages with a higher alcohol content than 2.25% by volume, nor to use drugs or other substances with intoxicating effects.

The membership fee is 150 SEK/year. However, in the first year of your membership, you will receive 100 SEK discount and only pay 50 SEK. Pay your membership fee by Swishing 50 SEK/150 SEK to no: 123 671 31 35. Enter IOGT (space) personal identity number (space) name.



As a member you can also join a local branch. It is our members who decide what they want to do in their local branch, as long as they follow the IOGT-NTO tenets of democracy, solidarity and sobriety. Find out more about these below.

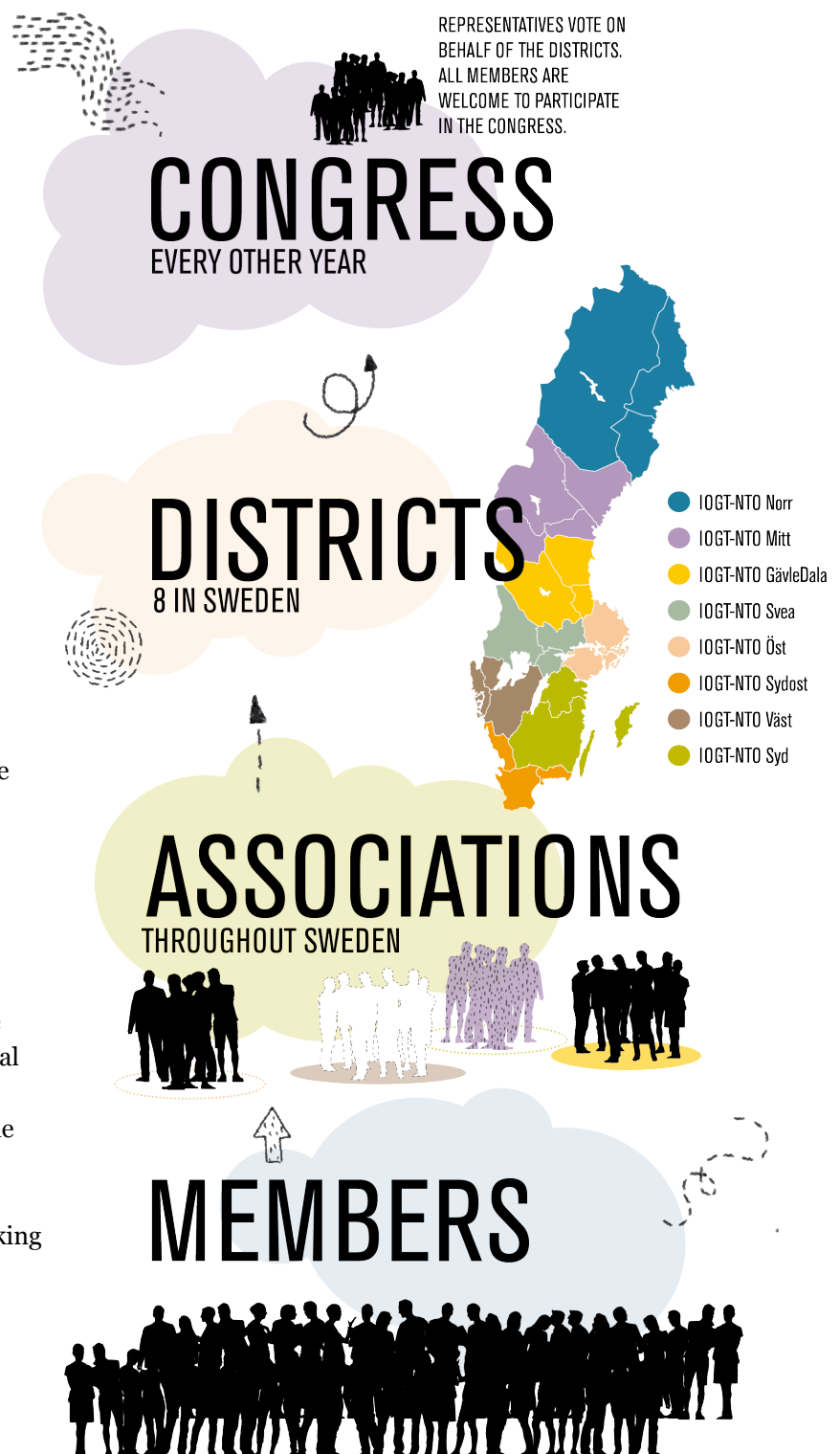
In Sweden, IOGT-NTO has about 400 local branches. Each branch has several meetings and get-togethers throughout the year, but also an Annual General Meeting held in February when, among other things, the branch's Board is elected and the activities that the branch will undertake are determined.

As a member, you can submit written proposals and have your say at all branch meetings, and you also have the right to vote at your branch's Annual General Meeting.

The local branches in a geographical area are gathered in one district. The District Board is responsible for issues that are common to all branches in the area and is elected at an Annual General Meeting in March/April. Each branch sends at least two representatives to the District Annual General Meeting.

The IOGT-NTO's highest decision-making body is the Congress. It is held every other year. The district sends representatives to the Congress, 100 people in total. These representatives make decisions about the long-term goals and development of IOGT-NTO.

All members are welcome to participate in the District Annual General Meeting and the Congress. At the District Annual General Meeting and the Congress, members have the right to express their opinions, but they can only participate in voting on proposals if they have been elected to represent their branch or district.



THE IOGT-NTO MOVEMENT

IOGT-NTO together with the children's and youth associations Junis (for children up to 13 years of age), UNF (for young people who are 13-26 years of age) and NSF (the Scouts) form a larger body called the IOGT-NTO movement. We share the tenets of democracy, solidarity and sobriety and together have close to 50,000 members and hundreds of active branches across the country.

The IOGT-NTO movement also has extensive operations in fifteen countries – together with 23 local partner organisations. Our international initiatives range from preventive healthcare, education and the alleviation of poverty to legislative and policy work.

OUR TENETS

The IOGT-NTO movement is based on three basic ideas, our tenets:

Democracy

All people have equal dignity and an equal right to influence the development of society. We work to ensure a democratic society with equal opportunities for personal development, freedom and participation. Within the IOGT-NTO movement, all members have the opportunity to make their voices heard and the organisation is based on the mandate of its members.

Solidarity

People are mutually dependent on one another and have a responsibility for their fellow man, today as well as for future generations. A world in which everyone has the right to social welfare and security is a prerequisite for personal development and social cohesion. Through our organisation, we want to build communities that are founded on equality – locally, nationally and internationally.

Sobriety

In the fight for a better world, we choose a life free of alcohol and other drugs because these pose a burden on both individuals and society as a whole, and are an obstacle to human development. Through our position on personal sobriety and our organisation, we challenge the norms associated with alcohol. We inspire people to live a life of sobriety.

WE WELCOME YOU AS A MEMBER OF IOGT-NTO!

Your membership is important because we need a large number of members who all support the idea of a society without alcohol and other drugs.

As an individual member, membership means good opportunities for fellowship, fun activities, development, socialising and plenty of laughs. We hope you feel at home in our organisation.

